

Coaches Report-Gala Halesowen 21st January 2012

This, the first round of the Worcester Winter League, proved to be a success for Orion Swimming Club and for each individual swimmer. Orion came second overall to Halesowen and finishing above Perry Beeches, Bromsgrove and Ludlow.

There wasn't one poor swim amongst the swimmers and no disqualifications were recorded. This makes a pleasant change.

Luka Novovic recorded the first win of the night in the 100m Freestyle in a time of 1.03.24. Luka was under no pressure to surge ahead and finished comfortably picking up the pace into the finish.

Tani Henderson had a rare competitive swim and finished in first place in the 13 & u 100m Butterfly in a time of 1.20.90. This was a massive personal best time so let's see what she can do in a 25m pool next month in the second round.

Sian Evans finished first in the Open 100m Backstroke in a time of 1.09.50 after a hard fought race with the swimmer from Halesowen. Sian continues to start and turn with expert execution and other swimmers should watch Sian swim and learn.

Georgina Warwick came first in the 15/u 100m Butterfly in a time of 1.20.26. Georgina's start and first 20 metres killed off the opposition and already had the race sewn-up. Georgina did tire towards the end of the race but she left the other teams with too much to do.

Mollie Wilson recorded a win in the 13/u and the Open 100m Breaststroke in a time of 1.25.66 and 1.24.92 respectively. Mollie swam the first 20 metres of both swims with determination and like Georgina in the Butterfly, left the other teams behind with too much to do.

The mixed 13/u Freestyle Relay consisting of **Tani Henderson, William Thompson, Millie Wilson, Alaister Reilly, Alice Miller** and **Luke Packer** also recorded a first place. The team started the last leg of the relay in third place but Luke Packer turned it on and brought them home to clinch the race in first place.

There were many other good swims with lots of second and third places. This was a good overall team effort and we can all be proud of ourselves. Remember Halesowen pool is just over 100 metres long so therefore the times recorded by each swimmer need to take this into consideration.

WELL DONE TEAM.

Carl- Coach